

My Study Plan

- When I get home from school, I will take a 30-minute break and then begin homework, flash cards and/or studying for tests.
- I will use a timer to study for short periods (25 to 30 minutes at a time), take a short break (20 minutes) and then do another session. Repeat until I have completed everything.
- I will use my weekly planner to note all assignments, due dates for projects and other information. It will help me create my daily study schedule.
- My primary study location will be our home office. If my parent is there because she is working from home, then I will do my homework and studying at the table.
- To study for tests, I will:
 - Use the flash cards, notes from class and review study guides.
 - Study differently: take a walk and study during it from flash cards or notes.
 - Answer the textbook questions at the end of each chapter/unit.
 - Re-read highlighted text from printouts of reading materials.
 - Have a parent or sibling quiz me, using my study materials.
 - Not cram the night before the test. I will start studying at least 3 days before each test.
 - Get a good night's sleep before the test.
- For bigger projects, I will:
 - Create a plan by breaking down the assignment into smaller chunks and assigning a deadline for each.
 - Let my parent know if I need materials, etc. for a project right away once it is assigned.